

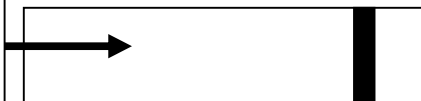
East Coast Karate

Belt Promotion & Stripe System

Here at East Coast Karate we utilize a Quarterly Belt promotion System. The quarters consist of four 3-month training cycles with the Belt promotions taking place the last week of March, June, September & December. We also utilize a monthly stripe reward system for Kids and a completion based stripe system for Adults (see below).

Kids Stripe System

1st Stripe: Good attendance and learning first month's curriculum



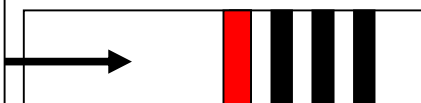
2nd Stripe: Good attendance and learning second month's curriculum



3rd Stripe: Good attendance and learning third month's curriculum



Red Stripe: Kids must hand in Intent to Promote Form for Good Behavior



8 Classes per month required for kids belt stripes

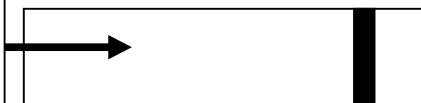
Kids Stripe Explanation:

All Kids Stripes will be awarded on the last week of the month known as "Stripe Week". If a stripe is missed due to absence a make-up stripe test will be given.

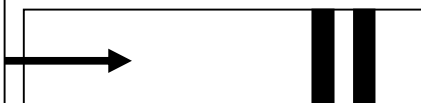
Note: Intent to Promote forms must be handed in to receive Behavior (red) stripe. These can be handed in anytime during the belt promotion months of Mar, Jun, Sep, and Dec.

Adult Stripe System

Students will receive 1st stripe once Kata Requirements Met



Students will receive 2nd stripe once Yakusoku Requirements Met



Students will receive 3rd stripe once Attendance Requirements Met (25 Classes required for most ranks)



Adult Stripe Explanation:

Adult Students are required to have Three (3) stripes on belt to become eligible for belt testing.

All Adult Stripes will be awarded after the completion of the above mention Karate skill. See Sensei Dave & Sensei Wendi to have skills checked

School Aged Teens

Intent to Promote forms must be handed in to receive final stripe for testing. These can be handed in anytime during the belt promotion months.